



From Backyard to Backcountry and the Trail Between

Washington State Trails Conference

October 22-23, 2010 • La Quinta Inn, Tacoma

Register Online • www.washingtonstatetrailscoalition.org

The Washington State Trails Conference is open to everyone with a zeal for trails and the opportunities they afford. Make an investment in the future and spend a couple of days in the company of trail dreamers, advocates, planners, funders, builders, recreationists, and volunteers at the biennial Washington State Trails Conference.

The official conference center and hotel is located at La Quinta Inn and Suites, 1425 East 27th Street, Tacoma, just off I-5, Exits # 134 (northbound) and #135 (southbound); 253-383-0146.



Family enjoys Pierce County's Foothills Trail

Photo by Southworth Sailor on Flickr

This year's conference is structured around three tracks:

Track 1: Backcountry Trails

For many of us, the best trails require at least a day pack and some time in an automobile. The trailheads for these paths are often found near the end of single lane rural byways and dusty forest roads. To help you better understand these trails, this conference track focuses on such topics as the America's Great Outdoors Initiative, sustainable trail construction methods, and planning for heavy recreational use.

Track 2: Backyard Trails

Washington state is fully involved in the national "2010 Campaign for Active Transportation." This effort intends to double the federal investment in walking and bicycling as mainstream transportation. If successful, this would give a huge push to our nonmotorized transportation initiatives. Congress is now debating reauthorization legislation that would help communities everywhere shift car trips to bicycle and pedestrian trips. This conference track uses Active Transportation as model to help you understand how to advance trail projects close to where most of us live, in the "backyard" of our communities.

Track 3: The Trail Between

Some trail topics apply equally to paths in the distant backcountry and the asphalt and gravel tracks that meander among our homes and shopping centers. This is where the focus of this conference track lies: with topics that relate to all trails regardless of location.

Conference Field Trips

Put on your walking shoes or your bicycle helmet and experience first-hand a variety of trails around Tacoma. For more information about field trips, contact Bob Myrick, 253-473-7455, or email BobMyrick@msn.com.

Thursday, October 21st

Foothills Trail Bicycle Tour 1 - 4:30 p.m.
Orting to South Prairie, about 15 miles round trip.

Saturday, October 23rd

Scott Pierson & Cushman Trails Bicycle Tour 2 - 4 p.m.
Ride from the 6th Ave. Park and Ride to the Gig Harbor Park and Ride, over the Narrows Bridge. Participants provide own bicycles/gear, pre-registration advised for this 12 mile tour.

Narrows Bridge Walking Tour 2 - 4 p.m.
Walk begins at the 6th Ave. Park and Ride. Approximately 3 miles round trip.

Chambers Bay Golf Course Walking Tour 2 - 4 p.m.
Stroll the trails through Chambers Bay in University Place. Approximately 3 miles round trip

What is WSTC?

Founded in 1999, the Washington State Trails Coalition works to protect, promote and enhance a statewide system of trails. Our efforts target both motorized and non-motorized outdoor recreation and transportation trails. We work through voluntary and public involvement in cooperation with landowners and managers. Membership is open to anyone with a passion for trails.

WSTC's focus is organizing the biennial state trails conference. 2009-10 officers are: **Rick Hood** (President), **Pete Beaupain** (Vice President), **Reed Waite** (Comptroller), **Greg Lovelady** (Recorder), **Elizabeth Lunney** (Past President), **Ernie Bay** (At-Large Member), **Jeff Chapman** (At-Large Member), **David Stipe** (At-Large Member), and **Sharon Grant** (At-Large Member).

Please join the Planning Committee in gratefully acknowledging the generous assistance of the following organizations in making this conference possible with financial and service donations: National Park Service and the State Recreation and Conservation Office.

Thursday, October 21st

1:00 p.m. - 4:30 p.m. **Foothills Trail Bicycle Tour**

5:00 p.m. - 7:00 p.m. **Evening Social** • *Informal social and conference-program committee meeting*

Friday, October 22nd

7:00 a.m. - 8:45 a.m. **Registration & Breakfast**

8:30 a.m. - 9:00 a.m. **Dynamite Initiatives in Three Minutes** • *Pete Beaupain, Vice President, Washington State Trails Coalition*

9:00 a.m. - 9:30 a.m. **Conference Opens ~ Welcome** • *Rick Hood, President, Washington State Trails Coalition*

9:30 a.m. - 10:45 a.m. **Agency Leadership: Providing a Future for Trails**

- **Kaleen Cottingham, Moderator**, *Director, State Recreation and Conservation Office*
- **Rex Derr**, *Director, State Parks* • **Peter Goldmark**, *State Public Lands Commissioner*
- **Rodney Mace**, *PNW Region 6 Asst. Director, Recreation, Heritage, & Wilderness Resources, Forest Service*
- **Dave Uberuaga**, *Superintendent, Mount Rainier National Park*

With 16 million acres of public land in Washington and strong agency leadership, trails have become a vital part of Washington's recreation scene. Come learn the creative ways our major agency partners are dealing with disastrous budgets and working toward a positive future for trails through collaborative planning, public outreach, and more.

10:45 a.m. - 11:00 a.m. **Break & Exhibits**

11:00 a.m. - 12:00 p.m. **The Legislative Branch: Building Trails to the Capitol**



- **Dr. Ernie Bay, Moderator**, *President Emeritus, Foothills Rails-to-Trails Coalition*
- **State Representative Jay Rodne**, *Dist. 5*
- **State Senator Jim Kastama**, *Dist. 25*
- **State Representative Dave Upthegrove**, *Dist. 33*

You don't see them out on the ground that often, but they work just as hard for trails as any Pulaski-swinging dirt fiend. Our elected officials have a front row seat to the challenge of balancing priorities against increasing recreation demand and multi-million dollar maintenance backlogs. Fortunately, we have some very strong advocates for trails in Washington. Come hear about what they've been doing for trails in our state.

Photo by bigdogap83 on Flickr

12:00 - 1:30 p.m. **Lunch & Keynote Address by Rick Potts, National Park Service, Washington, D.C.**

Introduction: Michael Linde, *Leader, Partnership Programs, National Park Service/Pacific West Region*

Rick Potts is the National Park Service's Chief of Conservation and Outdoor Recreation. He oversees five national programs, including the National Trails and Wild & Scenic Rivers Systems and the community partner-based Rivers, Trails, and Conservation Assistance program. His career spans a wide geographic area including the Appalachian Mountains, the tundra of Alaska, rainforests and coral reefs of Hawaii, and the Rocky Mountains of western Montana.



1:30 p.m. - 2:45 p.m. **Idea Marketplace**

Moderators: Lunell Haught, *Haught Strategies* **Michael Linde**, *Leader, Partnership Programs, NPS Pacific West Region*

Returning from the last WSTC conference is the very popular Idea Marketplace. Would you like to explore a trail issue or share information in a supportive group setting? If so, here's your chance. Just describe it in one sentence on a piece of paper, print your name and drop it in the receptacle at registration table before lunch ends on October 22.

2:45 p.m. - 3:00 p.m. **Break & Exhibits**

3:00 p.m. - 4:15 p.m. **Breakout Sessions**

Backcountry Trails **The President's "America's Great Outdoors Initiative"**
Presented by the Governor's Office and the Department of the Interior

This session will address some of the discussion topics affecting the trails community following the exchanges that have been taking place in the AGO initiative. Examples include: (1) Preservation of wildlife migration corridors while providing recreational opportunities for trail users; (2) Creating partnerships among recreational groups, conservation organizations, and federal agencies in creating solutions that advance common goals and interests; (3) Effective strategies for reconnecting Americans with their public lands.

Friday Breakout Sessions - Continued

Backcountry Trails	<p>Trail Funds at Risk: Saving NOVA and RTP</p> <ul style="list-style-type: none"> • John Keates, moderator • State Representative Bill Hinkle, <i>Dist. 13</i> • Jim King, <i>Citizens for Parks and Recreation</i> • Doug Levy, <i>Washington Park and Recreation Association lobbyist</i> <p>Washington's oldest and arguably most important trail grant program was lost in the current biennium due to the global financial crisis. Its federal counterpart program, the Recreational Trails Program, is now facing the same fate and has many asking, "will these trail recreationist-supported programs be lost forever?" Come and hear this expert panel address two key questions: should trail recreationists' tax dollars continue to support non-trail activities and can we ensure trail program funds are returned to trail recreation?</p>
Backyard Trails	<p>Making the Case for Active Transportation</p> <ul style="list-style-type: none"> • John Selby, Moderator, <i>Board, Foothills Rails to Trails Coalition</i> • Chuck Ayers, <i>Executive Director, Cascade Bicycle Club, Seattle Great City Initiative</i> • Dixie Gatchel, <i>Active Transportation Coordinator, Foothills Rails-to-Trails Coalition, Pierce County Active Transportation Regional Network</i> • Cindy Green, <i>Program Manager, Spokane Public Health, Spokane Smart Route Initiative</i> • Lisa Goorjian, <i>Regional Trail Planner, Vancouver-Clark County Parks and Recreation, Intertwine Alliance Bi-State Trail Plan</i> • Lake McTighe, <i>Active Transportation Coordinator, Portland Metro, Regional Government</i> <p>"Burn calories not carbon" is the rallying cry for the Rails to Trails Conservancy grassroots campaign for more federal investment in active transportation. Learn what five communities are doing for the cause that would allow people to travel between places they work, live, play, learn and shop without needing a car.</p>
The Trail Between	<p>Trails and Health</p> <ul style="list-style-type: none"> • Jane Moore, MD, <i>Executive Director, Washington Coalition for Promoting Physical Activity</i> • Bob Lutz, MD, MPH, <i>Gonzaga University School of Professional Studies</i> • Liz McNett Crowl, <i>Healthy Communities Coordinator, Skagit Valley Hospital</i> <p>The health benefits of even moderate exercise are well established, but how do you get more people out on your trail so you can leverage the resulting health benefits into more support for trails? Come hear three of the state's best discuss these and related issues.</p> <p>Listening to Young People: What Brings Them Outdoors & Onto Trails?</p> <ul style="list-style-type: none"> • Sharon Grant, Moderator, <i>Friends of Badger Mountain</i> • Krista Dooley, <i>Youth Programs Coordinator, WA Trails Assoc.</i> • Jon Knechtel, <i>Acting Exec. Director, Pacific Northwest Trails Assoc.</i> • Invited: <i>two youth will share their experience with trails</i> <p>Today, there is a lot of competition for young people's attention. Yet there are programs that have had a great deal of success involving young people in the outdoors. What are the challenges in turning young people into trail recreationists and involving them in trail maintenance? What has made some programs successful and what are the creative ways that teens have used their Senior Projects on behalf of the environment? Come learn from the experts who run such programs and the youth who can tell us what works.</p>

5:00 p.m. - 8:00 p.m. Walking Tour & Reception at the Washington State History Museum



Join us for a reception at the Washington State History Museum. Enjoy access to the Cheney Pavilion, including the model train exhibit. Hors d'oeuvres.

Our free shuttle bus will run at about 20 minute intervals with stops at the La Quinta Hotel and the Freighthouse Square Link light rail station which connects to the museum. Travel on the Link light rail system is free and the Freighthouse station is just a few blocks from the La Quinta.

There are three ways to get to the social mixer at the Washington State History Museum. From Freighthouse Square:

- Take the Link light rail to the museum (about 5 minutes).
- Join a WSTC tour and walk along the Thea Foss waterway to the Bridge of Glass and the Museum (about 20 minutes).
- Join an extended WSTC tour and walk along Thea Foss waterway to the north end of downtown. From there catch the Link light rail from the Commerce St. station to the museum (about 50 minutes).

Photo by Sweejak on Flickr

Saturday, October 23rd

7:30 a.m. - 8:45 a.m. **Registration & Breakfast**

7:30 a.m. - 9:00 a.m. **WSTC Business Meeting** • Moderator: **Rick Hood**, *WSTC President*

Conference registrants are voting members of the Trails Coalition. Come and show your support! Help with bylaws updates, vote on new officers, and discuss plans for the next conference.

9:00 a.m. - 9:15 a.m. **Welcome ~ Housekeeping** • **Rick Hood**, *WSTC President*

9:15 a.m. - 10:30 a.m. Breakout Sessions

Backcountry Trails

Outdoor Ethics Programs for the Backcountry

Presented by the Back Country Horsemen of Washington, Washington motorized communities and the Forest Service

In this session, a panel of experts will review the Leave No Trace and Tread Lightly principles and programs and discuss the ever evolving aspects on funding, science, best practices, new recreation considerations, and passing on a responsible behavior skill set to the next generation of public land recreationists.

Trail Construction Techniques for Sustainable Surfaces

• **Glenn Glover**, *Executive Director, Evergreen Mountain Bike Alliance*

A workshop on tools, materials, and techniques used for natural areas' trail construction. Trails are taken apart through the acts of man, wildlife, aging, and natural events. The challenge is often to put these trails back together with a minimum amount of funds and labor. This workshop examines transport issues, funding, design standards/considerations, techniques, tools, and achieving longevity.

Backyard Trails

Partnering for Power

• **Dixie Gatchel**, *Moderator, Active Transportation Coordinator, Foothills Rails-to-Trails Coalition* • **Bryan Bowden**, *National Park Service; Rivers, Trails, and Conservation* • **Pat Johnson**, *Mayor, City of Buckley* • **Gerald R. "Jerry" Larson**, *Foothills Rails-to-Trails Coalition* • **Diane Wiatr**, *City of Tacoma* • **Brian Ziegler**, *Director, Pierce County Public Works & Utilities*

Think you can do it alone? No way! Learn how establishing mutually beneficial relationships with businesses, government, and volunteers benefit the cause.

The Trail Between

Building Relationships in Recreation: Connecting to Where People Are

• **Aaron Toso**, *Washington Department of Natural Resources* • **Mark Mauren**, *Washington Department of Natural Resources*

The Washington State DNR provides more than a thousand miles of public trails across 5.6 million acres of state trust lands in Washington. In this session we will share some little known facts about the agency and discuss the variety of tools the agency utilizes to communicate with the recreating public. Different from the more traditional communication methods such as press releases, planning committees and focus groups, this session will emphasize social media. Discussions will include how new technologies have been integrated in the communication structure in an effort to deliver real-time recreation information to the public.

Interconnecting Trails in Rural and Backcountry Settings

• **John Willett**, *North Kitsap Trails Association* • **Rich James**, *Clallam County Transportation Program Manager*
• **Don Willott**, *Poulsbo Non-Motorized Committee* • **Josh Peters**, *Jefferson County Dept of Community Planning*

The Olympic Discovery Trail runs from Port Townsend to the Pacific Ocean near La Push. It is about 25 percent complete with the next 25 percent paid for and under construction. In the works is the Sound to Olympics Trail that would complete the gap between the the Olympic Discovery Trail, the Mountains to Sound Greenway, and the cross-state trail. In this presentation you will learn how trail activists are getting it done, and how they plan to continue their success into the future.

10:30 a.m. - 11:00 a.m. **Breaks & Exhibits**

11:00 a.m. - 12:30 p.m. Breakout Sessions

Backcountry Trails

Lessons from Reiter Forest

• **Lisa Anderson**, *Department of Natural Resources* • **Karl Forsgaard**, *non-motorized community*
• **Charlie Preston**, *motorized community*

In the last two years, the Washington State Department of Natural Resources has been working with the public to prepare a Recreation Management Plan for the Reiter Foothills Forest in Snohomish County. This forest has been a popular recreation destination for decades. Unfortunately, in some areas unauthorized trails have appeared in sensitive areas and have caused resource damage. The newly adopted recreation plan is an effort to provide recreation opportunities while protecting these areas. The plan defines and separates areas for managing motorized and non-motorized recreation. It includes environmental restoration work and enforcement as key components to long-term success at Reiter. In this panel, we'll talk about the many lessons being learned by all stakeholders.

Saturday Breakout Sessions - Continued

Backcountry Trails	<p>The Minimum Tool Analysis Workshop</p> <ul style="list-style-type: none"> • Gary Paull, <i>Mount Baker-Snoqualmie National Forest</i> • Pete Erben, <i>Olympic National Forest</i> <p>An introduction to the process used to perform a Minimum Requirement Analysis / Minimum Tool Analysis (MTA) for use of non-standard tools, equipment, and transport in wilderness areas. In this workshop you will learn how the MTA is developed and receive a brief primer on National Environmental Policy Act procedures. The discussion will include techniques developed by the Arthur Carhart National Wilderness Training Center in Montana.</p>
Backyard Trails	<p>Finding the Funding for Trails</p> <ul style="list-style-type: none"> • Dr. Ernie Bay, <i>Moderator, President Emeritus, Foothills Rails-to-Trails Coalition</i> • Mel Huie, <i>Metro Parks & Greenspaces, Portland Metro Regional Government</i> • Kirk Kirkland, <i>Tacoma Audubon Society & ForeverGreen Council</i> • Greg Lovelady, <i>Grant Services Program Manager, Washington State Recreation and Conservation Office</i> • Kelly McGourty, <i>Program Manager, Puget Sound Regional Council, Federal Highways Administration</i> • Tim Payne, <i>Principal, Nelson Nygaard Consulting</i> <p>Tired of hearing there's no money for trails? There is money out there if you know where to look. Learn how to navigate the intricate pathway to successful winning of grants, federal enhancement, and stimulus funding.</p>
The Trail Between	<p>Connecting Local And Regional Trails; Urban/Suburban Settings</p> <ul style="list-style-type: none"> • Grant Griffin, <i>Trail Coordinator, Pierce County</i> • Invited: <i>trail experts from King, Snohomish, and Thurston Counties</i> <p>For decades, a dream of trail recreationists has been to see meaningful progress on interconnection of Washington's primary trails. Twice, in 1974 and 1991, the state Interagency Committee for Outdoor Recreation published plans that advocated for developing "...a state trail network...". On this panel, trail planning specialists will discuss this dream, including inherent difficulties and proposed solutions.</p>
	<p>International Trails We Have Loved and What We Can Learn from Them</p> <ul style="list-style-type: none"> • Sharon Grant, <i>Friends of Badger Mountain</i> • Jim Eychaner, <i>Policy Specialist, State Recreation and Conservation Office</i> <p>Winding through France and Spain, the Camino de Santiago is expected to attract more than 250,000 walkers, cyclists, and equestrians in 2010. They will come from all over Europe to visit an ancient route that is said to be a journey into time and spirit. Based in France, the Grand Randonnee standardized system of trails are signed and mapped walking routes found all over Europe. The 2009 Tour de Mont Blanc attracted thousands of runners from 54 countries. The Danube River bicycle touring route follows the river from its source in the foothills of the Germany's Black Forest to Vienna, Austria and beyond. Nepal offers multiple trail experiences that thread through hamlets and high mountain passes. Come and learn about the attraction of these trails and the lessons that might be applied to our Pacific Northwest trail experiences.</p>

12:30 p.m. – 1:30 p.m. Lunch & Keynote Address by Tim Payne, Principal of Nelson | Nygaard Consulting

Introduction by Dr. Ernie Bay, President Emeritus of the Foothills Rails-to-Trails Coalition

Tim Payne is a professional transit practitioner with 32 years of on the ground experience. He is a specialist in all aspects of transit planning. His passion is in building livable, sustainable communities. "Walking, biking, and transit are the foundational elements that will allow us to sustain our environment, inhabit livable communities, and enjoy the benefits of economic vitality into the future." Tim supports his passion through volunteer activities with the ForeverGreen Council, the Tacoma Wheelmen's Bicycle Club, and the Bicycle Alliance of Washington. He also enjoys hiking and understands the value of a well connected trail system. "Washington State has a great deal to offer to trail recreationists, if only we can knit together our string of pearls throughout the state to enhance that value." Tim also understands the value of these facilities in more populated areas as important contributors to our transportation system.



1:30 p.m. Closing Remarks • Rick Hood, WSTC President

2:00 p.m. – 4:00 p.m. Afternoon Field Trips



Don't miss the 2010 Washington State Trails Conference!

Complete and return the enclosed registration forms or sign up online.

www.washingtonstatetrailscoalition.org



Washington State Trails Conference
2010



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